



Laura Michelle

MOVE YOUR MIND

Laura Michelle is a mindset speaker, disability advocate, and creator who helps people meet difficult circumstances with gratitude, perspective, and meaningful goals. Drawing on disability advocacy, nonprofit leadership, and lived experience, Laura brings warmth and directness to conversations about resilience, growth, and what becomes possible when we learn to move our minds.

Speaking Topics

Move Your Mind

A practical conversation about naming what is difficult, shifting perspective without denying reality, and choosing a meaningful next goal.

Mindset in Motion

A conversation about using small shifts in outlook to create momentum when the larger situation will not change overnight.

Overcoming the Uncontrollable

A grounded conversation about obstacles, self-direction, and growth without pretending structural barriers disappear.

Selected Recognition

Board leadership, Mi Work Matters

Ms. Wheelchair Michigan 2020–2021

People's Choice Award — 2021 Ms. Wheelchair America

BBA & MBA, Madonna University

Formats

Keynote

Moderated conversation

Panel

Virtual session